

TIRED LOOKING WOMEN

Some women always wear a worn, tired look. It is the outward sign of nervousness, neurasthenia perhaps, with its characteristic symptoms of worry, headaches and sleeplessness.

Overwork, grief, undue excitement, the late hours and nervous strain of a strenuous social season, lack of outdoor exercise, any or all of these may be responsible for the trouble but the most common cause at this season of the year is the grip.

Whatever the cause, if you feel the need of more strength try the great non-alcoholic tonic, Dr. Williams' Pink Pills. As the nerves get their nourishment from the blood the treatment must be directed toward building up the blood. Dr. Williams' Pink Pills act directly on the blood and with proper regulation of the diet have proved of the greatest benefit in many cases of neurasthenia. A tendency to anemia, or bloodlessness, shown by most neurasthenic patients, is also corrected by these tonic pills. Your own druggist sells Dr. Williams' Pink Pills or they will be sent by mail on receipt of price, 50 cents per box; six boxes \$2.50.

Write for the free booklet, "Diseases of the Nervous System" and a diet book. Address: Dr. Williams' Medicine Co., Schenectady, N. Y.

The Baby's Rest and Sleep.

A baby six months old should spend at least sixteen hours in sleep, and after that, until the child reaches the school age, one-half of every twenty-four hours should be devoted to sleep. Young children have not sufficient judgment to be allowed to decide for themselves when to go to bed and what to eat. If they did, they would not need mothers to care for them after they were able to walk. But these children do need mothers who realize their responsibility enough to make an effort to learn what is best for their children. It should be considered even more necessary for a prospective mother to study how to be a mother than it is for a young woman to study to be a teacher or stenographer. The care of babies is too important to be left to tradition and superstition.

When we consider that half the deaths among babies might have been prevented if the mothers of these babies had known how to care for their little ones properly, we realize the importance of every young mother spending a little time in learning something of the science of babyhood. It might be a good plan for every mother or prospective mother to spend an average of half an hour a day reading or studying modern methods of baby welfare.

Even though baby does start to cry he should not be taken up. The mother should investigate to see that he is in a comfortable position, that his clothes are dry and no pins disturbing him. She may give him a drink of cool water, then she should greatly but firmly give him to understand that he will not be taken up. Babies understand much more than we realize at times. It does not take a baby long to understand whether he can gain his desires by crying. It takes a very few hours to "spoil a baby" so that he will demand constant attention.—Woman's World for April.

BUSINESS IS BASED ON CONFIDENCE

A Theory Put Into Practice by Well Known Business Man



J. C. BRADY

"A druggist has many opportunities to make lasting friends of his customers," said Mr. J. C. Brady, popular Rexall Pharmacist of Fall River, Mass. "The very nature of his business draws their confidence for little helpful suggestions on the matter of health. Many people have thanked me for recommending Rexall Remedies as the best relief for constipation and its resultant ills. Put up in dainty candy tablet form, they are pleasant to the taste and make an ideal laxative for the home—for men, women and children alike."

We have the exclusive selling rights for this great laxative.

RED CROSS PHARMACY
THE REXALL STORE

CHILD SUFFERED UNTOLD AGONY

With Rash on Arms and Limbs.
Burned and Itched Horribly.
Disfigurement Was Awful.

HEALED BY CUTICURA SOAP AND OINTMENT

"My son was affected with a rash which covered his arms and limbs and annoyed him very much. The breaking out was in blotches which would burst and bleed, and the child suffered untold agony. His skin was very sore and inflamed and burned and itched horribly. He was cross and irritable and slept very little. The disfigurement was awful. I read a Cuticura Soap and Ointment advertisement and sent for a free sample. I noticed an improvement so I purchased more and after using the Cuticura Soap and Ointment for three months my boy was healed." (Signed) Mrs. W. M. Mann, Box 32, Syracuse, L. I., N. Y., Sept. 24, 1915.

Sample Each Free by Mail
With 30-c. Skin Book on request.
Address post-card "Cuticura, Dept. T, Boston." Sold throughout the world.

NEVER SO MUCH MONEY

The Financial Strength of the Country Is Unprecedented

BIG JUMP IN BANK RESOURCES

Reserves Exceed the Legal Limit by a Billion Dollars

Washington, D. C., April 14.—Financial prosperity and strength is greater in the United States than ever before, and is rising rapidly to new levels, according to the interpretation placed by the comptroller of the currency of figures showing conditions March 7, the date of the last bank call, in the country's national banks. Here is what the returns show:

Total resources of national banks, \$13,838,000,000, an increase of \$2,271,000,000 or 20 per cent within a year.

Total deposits, \$10,790,000,000, an increase of \$2,198,000,000, or nearly 25 per cent within a year, and an increase of \$411,000,000 since December 31, last.

An increase of \$990,000,000 in loans and discounts within a year.

Surplus and undivided profits of \$1,031,278,000, an increase of \$18,000,000.

The increase in resources within the past twelve months alone, Comptroller Williams pointed out, exceeds the entire resources of the Reichsbank of Germany, and the aggregate resources of American national banks "exceed by \$3,000,000,000 the aggregate resources of the Bank of England, the Bank of France, the Bank of Russia, the Reichsbank of Germany, the Bank of the Netherlands, the Swiss National bank, and the Bank of Japan."

As recently as 1896, the statement says, the entire amount on deposit in national banks within the United States was less than the increase in deposits within the past twelve months.

Total reserves held by national banks March 7, were \$2,870,000,000. This is \$993,000,000 more than the law requires, and is more than \$100,000,000 in excess of the greatest surplus reserve ever held before.

"It is conservative estimated," reads the comptroller's statement, "that the surplus reserve now held by the national banks would be sufficient to give a further loaning power of \$3,000,000,000 or \$4,000,000,000 should the growth and development of commerce, agriculture or industry call for so huge an enlargement of credit."

"Notwithstanding the Anglo-French loan of \$50,000,000 and the loans made to other foreign powers amounting to several hundred million dollars additional, in which our banks to a greater or less degree have participated, there are no indications of unsound inflation or excessive loans and the national banks of the country have never been in a stronger position than they are at this time."

MORGENTHAU TO AID WILSON.

Report That Ambassador Will Resign to Take Part in Presidential Campaign.

Washington, D. C., April 14.—Henry Morgenthau, American ambassador to Turkey, is expected to submit his resignation to President Wilson. Abram Elkins of New York and Ira Nelson Morris, minister to Sweden, are suggested as his successors.

The president has been greatly pleased with the work done by Mr. Morgenthau in Turkey, and if his resignation is accepted it will be with reluctance. Ever since the minister's return to the United States some of his friends have been urging him to resign in order to assist in the campaign for the re-election of Mr. Wilson.

It has been suggested that Mr. Morgenthau succeed Rolla Wells of St. Louis as treasurer of the Democratic national committee.

SURFACE INDICATION OF OIL

In the Territory Around Quanah, in Texas.

An examination of the country in the vicinity of Quanah, Tex., has been made by Carroll H. Wegmann of the United States Geological Survey, to determine, if possible, the geologic structure of the area and the presence or absence of anticlines which might be effective in producing accumulations of oil or gas. The country around Quanah is not a proved oil or gas field, though reports of surface indications of oil and gas have been current there for some time.

The possibility of finding oil or gas in commercial quantities in the vicinity of Quanah is a subject on which no very definite conclusions can be reached from an examination of the geology of the surface. "Wild-catting" in an area in which the rock structure is no more pronounced than in the region of Quanah is attended with considerable risk and should be undertaken only by companies that can well afford to take the chance of failure. It is believed that the locations for test wells outlined in Mr. Wegmann's report, which is published by the geological survey as bulletin 621-J, are the best in the area examined. If tests in these localities should prove unsuccessful the chances of finding oil in the area would appear to be doubtful.

Charlie's Definition.

The definitions given by children of certain words which elude the lexicographer are sometimes amusing.

One little fellow came to his mother the other day and said:

"Maw, Johnny is such a mugwump that I won't sleep with him no more."

"Why, Charley?" said the mother. "what ever do you mean? A mugwump? What is that?"

"Why, don't you know? But, then you women don't ought to be expected to know nothing of jollies. But father knows, an' he says a mugwump is a chap that won't take either side, an' that's Johnny all over. He sleeps in the middle an' where do I come in?"—Rehebeoth Her-

RANGERS CARRY TELEPHONE.

Made of Aluminum and It Weighs Only Two and One Half Pounds.

A portable telephone, made of aluminum and weighing two and one-half pounds, the invention of a forest officer, R. B. Adams of Missoula, Montana, will be part of the regular equipment of patrolmen on the national forests the coming field season. This instrument is regarded as a great improvement over the set formerly used, which weighed ten pounds.

It is said that a field man equipped with this telephone, a few yards of light emergency wire, and a short piece of heavy wire to make the ground connection, can cut in anywhere along the more than 20,000 miles of forest service telephone lines and get in touch with the headquarters of a supervisor or district ranger. To talk, one end of the emergency wire is thrown over the telephone line, the two ends are connected to the portable instrument, and the instrument is connected to the ground wire, the end of which must be thrust into the damp earth or in water. Contact with the line wire is made possible by removal of the insulation from a few inches of the emergency wire.

The Adams instrument does not ring the bell of the receiving telephone, but instead causes a screeching sound from a small megaphone-shaped apparatus descriptively known as a "howler." This instrument is installed at the ranger stations and is said to give effective notice that some one is on the wire. If the field man needs to talk with some one elsewhere on the line, the ranger station instrument can be used to ring up the person wanted, when the conversation can be carried on.

Forest officers say that these portable phones are especially valuable in reporting fires and other emergencies with the least possible delay, and also in sending instructions to field men and keeping the district rangers informed as to the progress of work going on in the field, thus supplementing the regular telephone

sets installed at lookout points, ranger stations, and at convenient intervals along forest service roads and trails.

Mining Near Great Salt Lake.

In August, 1915, B. S. Butler and V. C. Heikes of the United States Geological Survey made an examination of the Promontory district, Utah, and their report has been published by the survey as bulletin 640-A. This district is in Boxelder county, near the south end of the Promontory mountains, a range that forms a long promontory extending southward from the north shore of Great Salt lake. The camp of the Lake View Mining company, owners of the only producing claims of the district, is on a beach of Lake Bonneville, the predecessor of the present Great Salt lake. The net weight of ore shipped from this mine to Aug. 1, 1915, was 1,961,900 pounds, representing a gross value of \$35,636.75.

Clean Up!

Now let us give the war a rest.
The rout, the siege, the rally,
And gaily shed our coat and vest
And go and clean the alley!

Let's gather up the dogs and cats
Which have this life departed,
And let tin cans and bricks and hats
Off to the dump be carted.

In winter you may voice your views,
Which you believe important,
And base long sermons on the news,
But in the spring you'd ortn't.

Then every able-bodied man
Should whoop the "Clean Up" slogan,
And chase the old tomato can,
The cast-off hat and brogan.

So let us clear our bulging brows
Of trifling thoughts and narrow
And gather up the old dead cows,
And work the rake and harrow.

The rubbish left by careless men,
And lazy human chumps,
Will bring a host of germs again,
And they'll bring punk diseases.

And forty billion flies will come,
As my microbes bearing,
And round our weary heads they'll hum
And keep us busy swearing.

Clean up! Clean up! On every block
Let all the workers rally!
No man should stand around and talk
Until he's cleaned his alley!

—Walt Mason.

ASK FOR AND GET
HORLICK'S
THE ORIGINAL
MALTED MILK
Cheap substitutes cost YOU same price.



"Lounge"

—one of the most pleasing garments seen this season. Absolutely a minimum in weight, yet shapely and substantial. Front rolls soft to any button.

\$15 \$20 and \$25

Like all other Morse-Made Clothes the "Lounge" bears the UNION LABEL.

MORSE-MADE CLOTHES (UNION-MADE)

IT is a well-known fact today that the best merchandise comes from the maker who specializes.

The great workrooms of the house of Morse in Boston, makers of "Morse-Made" Clothes, produce one thing *exclusively*, the best ready-for-wear men's and young men's clothes in America.

Sixty years of rich experience, an unstained reputation and a proven sense of responsibility actuate every unit of the great Morse organization. Only one kind of a garment ever issues from the Morse door—the *best* garment at its price that the most highly specialized skill in America can produce.

We have never before been able to offer the men of this city equal values at

\$15 \$20 \$25 \$30 and \$35

It will only take you a moment today to come into our store and let us show you what we consider the best garment your money can buy. No obligation. It is a favor which we should be glad to render.

Moore & Owens

Barre's Leading Clothiers 122 North Main Street Barre, Vermont

Topics of the Home and Household.

Small seeds sown outdoors will germinate sooner if a coarse gunnysack is spread over the seed bed and dampened occasionally in very dry weather. Do not remove the cloth till the plants are well out of the ground. A greater percentage of seeds will germinate if this method is followed.

When boiling a pudding put plenty of orange peel into the water; it collects all the grease, making the pudding cloth much easier to wash, and so saves a great deal of time.

Woolen articles look better and shrink less if they are not rinsed. Wash them in two lots of soapy water, adding a little blue to the last; then put them through the wringer and shake them well.

To get rid of the disagreeable cooking odors in the dining room (or often throughout an apartment) put a few drops of lavender oil in a cup of boiling water in the room just before dinner is served, and the air will be purified at once, leaving a delightfully pleasant odor instead.

Fig Pudding—Mix together one pound of figs chopped fine, one pound of raisins, one cupful chopped nut, one teaspoonful of cinnamon, one-half teaspoonful of cloves, one cupful sugar, one cupful of sweet milk, three eggs, one pint of grated crumbs, one-half teaspoonful of salt. Steam three hours and serve with a hard or liquid sauce.

The Young Child at Table.
When a child first begins to come to

CASTORIA
For Infants and Children
In Use For Over 30 Years
Always bears the Signature of *Dr. J. C. Hatcher*

table it is usually in a high-chair and the "coming to table" is in the nature of a polite fiction as he has his own little tray before him. On this tray are placed his mug, saucer, spoon, etc., but how long does the average child leave them there? It is a quiet child indeed whose dishes do not descend to the floor at least once during a meal. The mug, if it be of the traditional silver variety, will stand this usage fairly well, but many a saucer or bowl comes to grief. Some clever mothers meet this trouble by providing the restless little creatures with dishes of enameled ware. These can be pretty as well as light and unbreakable, and when they do fly off the tray there is no harm done. It is much better to safeguard the dishes in some such way than to scold the babies. They have not the least idea of being naughty, poor little souls, and they must be puzzled indeed to know why their efforts bring such a storm about their devoted heads.

Rhubarb Recipes.

Rhubarb Jam—Cut rhubarb in quite small pieces, cook in a very little water until tender, mush, add three-fourths of a pound of sugar to a pound of fruit, return to fire, cook one-half hour. The jam should be thick and smooth when finished.

Rhubarb Conserve—One quart of rhubarb cut in pieces, one quart of sugar, one-half pound of raisins, three oranges sliced thin, one lemon, rejecting the tough white skin and using the thin yellow rind, and one cupful of nut meats. Add the sugar to the rhubarb, and let it stand overnight. In the morning add the other ingredients, excepting nuts, which should be added just before taking from the fire. Boil until thick, about one and one-half hours.

Rhubarb Blanc Manger—Two pounds of rhubarb cut up, three pints of water; cook about 20 minutes, strain, and add one cupful of sugar. Add a little more than one-half cupful of sage, and cook 20 minutes. Put into molds, cool, and set on ice.

Rhubarb Cottage Pudding—Mix one quart of flour with four tablespoonfuls of baking powder and a small teaspoonful of salt. Add milk enough to make a stiff batter. Into buttered custard cups put one spoonful of batter, then a spoonful of prepared rhubarb sauce, and cover with another spoonful of batter. Steam one-half hour and serve hot with cream and sugar.

Rhubarb Pie—Pour boiling water over

two-teacupfuls of chopped rhubarb; drain off the water after five minutes. Mix with the rhubarb a teaspoonful of sugar, yolk of one egg, a piece of butter and a tablespoonful of flour, moistening all with three tablespoonfuls of water. Bake with lower crust only, and make a meringue with the white of an egg and three tablespoonfuls of sugar. Spread this on the pie and brown slightly in the oven.

Rhubarb Pie—One cupful of chopped rhubarb, one cupful of chopped raisins, juice of one lemon, one egg, one cupful of sugar, one tablespoonful of butter, spices to suit taste. This is enough filling for two pies. Make a rich paste and bake with two crusts.

Rhubarb Pudding—Wash and cut a bunch of rhubarb into small pieces. Cover the bottom of a baking dish with buttered slices of bread, then with a layer of rhubarb, sprinkle with sugar, then another layer of bread, and so on until the dish is full. Cover, and steam in the oven for three-quarters of an hour. Take off the cover, and let brown for 10 minutes. Serve with hot sauce.

Rhubarb Marmalade—Cook 10 cupfuls each of rhubarb and sugar with the juice and rind of five lemons, for three or four hours. Add two cupfuls of chopped walnuts and two teaspoonfuls of ginger extract, and cook 10 minutes longer. Then pour into jars or jelly glasses and seal.

Dorothy Dexter.

Rheumatism!

Acute Muscular
Chronic Sciatica

Rheumatic pains of any nature disappear under the soothing and warming influence of Sloan's Liniment. Apply it lightly—no need to rub it in—it penetrates and brings relief at once.

Sloan's Liniment
KILLS PAIN
"Keep a bottle in your home."

Price 25c. 50c. \$1.00